



Expert discussion of:

- Mental Health
- Substance use disorders
- Treatment and strategies for coping

Presented by Lindner Center of HOPE clinicians.
Sponsored by Lindner Center of HOPE with the support of
Manor House and Countryside YMCA.

Third Wednesday of certain months
beginning in February 2022
from 6 p.m. to 7:30 p.m. at (now 2 locations):

Manor House
7440 Mason-Montgomery Rd.
Mason, OH 45040

Countryside YMCA
1699 Deerfield Rd.
Lebanon, OH 45036

And

Virtual Option

*by way of virtual platform
provided by:



Register online at
lindnercenterofhope.org/education-series-2022

For additional information contact Pricila Gran at 513-536-0318 or
pricila.gran@lindnercenter.org

Lindner Center
of HOPE. |  Health.

Learn more visit
lindnercenterofhope.org/education-series-2022.

February 16, 2022 - Manor House
**Depression and Bipolar: The Two Ends of
The Mood Pole and Everything In-between**
Peter White, M.A., LPCC, LICDC

March 16, 2022 - Countryside YMCA
**Hoarding Disorder: Myths, Facts, and How
Families Can Help**
Lindsey Collins Conover, PhD

April 20, 2022 - Manor House
**OK Boomer! The Risk and Protective
Factors of Substance Use for Older Adults**
Chris Tuell, EdD, LPCC-S, LICDC-CS

June 15, 2022 - Manor House
What is OCD and How is It Treated?
Jennifer L. Farley, PsyD

August 17, 2022 - Manor House
**An Overview of Anxiety Disorders and
Treatment**
Brett Plyler, M.D.

September 21, 2022 - Countryside YMCA
Focus on ADHD: A Practical Primer
Tracy Cummings, M.D.

October 19, 2022 - Manor House
**What To Do When Someone Is In Mental
Health Crisis?**
Nelson F Rodriguez, M.D. FAPA, DABPN

November 16, 2022 - Countryside YMCA
Seasonal Affective Disorder
Jennifer Farley, PsyD

December 21, 2022 - Manor House
**Health at Every Size (HAES), Weight Stigma
and Why Dieting Can Be Harmful**
Anna Guerdjikova, PhD